



## Support for Older People

Life expectancy is increasing across the board. For people to enjoy this increased longevity to the full it is important that services are designed to support the wellbeing of older people.

'Our Health, Our Care, Our Say' (Department of Health, 2006) confirmed that people want support when they need it, and they expect it quickly, easily and in a way that fits into their lives.

By providing services that have a focus on preventative approaches to promote independence and wellbeing, Carewatch believes this will assist older people in having more choice and control, and continue to make a positive contribution to their family and local communities.

Carewatch supports the Partnerships for Older People Projects report (POPPs, 2008) and believes there is growing evidence to show that the strategy of providing more resources to support older people in their own homes is more effective than residential and hospital care.

### How can we help?

Carewatch provides care and support in the community with a view to preventing or delaying the need for higher intensity and more costly care.

We provide person-centred care and support that focuses on outcomes to achieve re-ablement for older people. Our computer software programmes can track progress of planned outcomes and match our qualified staff to our customers' preferences.

Carewatch care & support workers can help to promote health issues and an active life for older people. They will help to support the local approach to the safeguarding of older people.

We like to provide support that is based on promoting independence, dignity and respect and Carewatch aims to involve older people in the decisions about the level of support they receive.

Carewatch is happy to work with people who have individual budgets, ranging from Direct Payments through to Individual Service Funds and services purchased wholly or partly by the local council.

